7.29 Trace the emergence of the Japanese nation during the Nara, 710-794, and the Heian periods, 794-1180

I.	Backgr	round			
	Α.	The Yamato			
		1.	During the 500s, a called the Yamat	o ruled Japan	
		2.	Yamato chiefs claimed they were descended from a	goddess	
3. They ha		3.	They had the to rule Japan		
	В.	Prince Shotoku			
1. Around 60		1.	Around 600, he Japan with his aunt	Japan with his aunt	
		2.	Wanted to give Japan a strong		
			government based onid	eas	
		3.	Also worked to spread		
II.	The Na	The Nara Period			
A. In the early 700s, Japanese emperors built the first permanent					
			city called Nara		
	В.	B. Government officials were ranked into a			
	C.	Positio	ons were given to from powerful famil	lies	
	D.	Buddh	addhist teachings reached Japan from in 500s		
	Ε.		was most highly developed during the	ne Nara Period	
	F. In 770, a Buddhist tried to seize the thro			one, so the	
		emper	or moved the		
III.	The Heian Period				
	A. In 794, the of Japan moved the		, the of Japan moved the capi	tal from Nara to	
		Heian			
	В.	This ci	ity looked a lot like a major	city	
	C.	Heian	Period became "	"	